

Basic Grilled Swordfish

1 1-inch thick swordfish steak (about 1lb)Juice of 1 lime2 tbsp soy sauceLemon wedges for serving

Preheat grill or broiler to medium high heat. Marinate the swordfish in the soy sauce and lime juice for 15 minutes. Gill the fish about 3 inches from the heat source for 4-5 minutes on each side. When center of fish is no longer translucent, remove from grill. Serve immediately with lemon wedges.